



Esophageal Manometry (EMS) Prep Instructions

Ensure a safe and effective liver Esophageal Manometry procedure by following these instructions exactly as directed below.

- At first appointment tell your doctor if you are taking any blood thinner/coagulant medications other than aspirin.

6 hours before procedure:

- Nothing to eat or drink.

Morning of procedure:

- Take only heart, blood pressure or anti-anxiety medication with a small sip of water. Hold all other medications until after your exam

Day of procedure

- Your procedure lasts approximately 2 hours.
- This test is performed by the nurse at endoscopy.
- You may drive yourself home unless you are having anesthesia in which case you will need a driver over the age of 18.