



Outpatient Liver Biopsy Prep Instructions

Ensure a safe and effective liver biopsy procedure by following these instructions exactly as directed below.

- At first appointment tell your doctor if you are taking any blood thinner/coagulant medications other than aspirin.
- If on arthritis medication or any new medications, check with physician for specific instructions.

Seven days before procedure:

- Stop all aspirin or non-steroidal and anti-inflammatory medication unless otherwise specified by your physician (i.e.: Advil, Ibuprofen, Vioxx, Nuprin).

Three days before procedure:

- No strenuous or heavy lifting

Day before procedure:

- If you need pain relief, you may take all regular non-aspirin medications. Tylenol is the preferred brand.

Morning of procedure:

- Have a liquid breakfast, no solids. You may have:
 - Broth
 - Cream soups
 - Custards
 - Eggs
 - Ice cream
 - Jell-o
 - Milk shakes
 - Popsicles
 - Pulp-free juices
 - White bread/toast

Day of procedure:

- Your procedure lasts approximately 3-4 hours.
- You may drive yourself home.